

Rest

Labor Day

- On June 28, 1894, President Grover Cleveland signed a law making the first Monday in September of each year a national holiday.
- Observed the first Monday in September, Labor Day is an annual celebration of the social and economic achievements of American workers. The holiday is rooted in the late nineteenth century, when labor activists pushed for a federal holiday to recognize the many contributions workers have made to America's strength, prosperity, and well-being.

Rest

- Sabbath – Hebrew shabbath
- Rest – Hebrew shabath – means “cease, desist, rest”
- The Sabbath was a symbol of God’s redemption and eternal rest.

Rest

- Psalm 95
- Hebrews 3 and 4